



## Senior Center of York Announces February Activities and Events

January 23, 2015

### FOR RELEASE AT WILL

A variety of educational and entertaining programs are being offered at the Senior Center of York in February. Participation is open to seniors age 55 or better and their spouses, regardless of age. The Center is located in the Washington Square Shopping Center at 5314 George Washington Memorial Highway (Rte. 17), and is open Monday through Friday from 9 a.m. to 4:30 p.m. The center is closed on all county holidays. Reservations are required for all sessions and are accepted on a first-come, first-served basis. To register, stop by the Center or call 890-3444. For more information, please visit [www.yorkcounty.gov/CountyGovernment/CommunityServices](http://www.yorkcounty.gov/CountyGovernment/CommunityServices).

**Holiday Closing.** The Senior Center will be closed on Monday, February 16 in observance of President's Day.

**Inclement Weather Information.** Be sure to follow our slogan - "Call before you come!" - whenever the threat or event of inclement weather or hazardous road, sidewalk and parking lot conditions may exist. Call the Senior Center at 890-3444 to receive updated information on weather related closings or delayed openings.

The Senior Center will always be closed whenever York County government offices are closed for the day due to inclement weather conditions. However, when County offices open at the regular time or have a delayed opening, the Senior Center may not open until even later or perhaps remain closed for the entire day due to a variety of conditions including: snow or barely visible "black ice" on pedestrian surfaces such as shopping center parking lots, adjacent streets or sidewalks; snow or ice that remains hung up on the roof and façade overhang in front of the Senior Center; and, lingering icy conditions due to overnight refreezing of the previous day's melted snow and ice. So again, "Call before you come!" at 890-3444 to receive updated information regarding inclement weather closings and delayed openings for the Senior Center.

**AARP Free Tax Service, February 2 through April 15.** Tax preparation assistance for seniors will be provided again this year beginning Monday, February 2, through Wednesday, April 15. The schedule is as follows: Mondays - 12:30 to 4:30 p.m.; and, Tuesdays, Wednesdays, Fridays, and Saturdays - 9 a.m. to 1 p.m. This service is offered free of charge on a first-come, first-served basis. For more information concerning tax assistance, call 870-1603. Please also note that on days where snow and icy conditions may exist, tax services may be delayed or cancelled. Updates on inclement weather closings and delayed openings at the Senior Center will be given by calling the Center's phone number at 890-3444.

**February Mystery Craft, Monday, February 2 at 10 a.m.** Come join us for a Mystery Craft with Facilitator Kathy Wahl. It will be a fun surprise! Please register by January 30 if possible so we have adequate materials on hand.

**Culture Day, “Green vs. New Kent County,” Rescheduled to Wednesday, February 11, at 1 p.m.** As part of a completed project for the National Park Service’s “Teaching with Historic Places” program, Dr. Jody Allen, a visiting assistant professor of history at the College of William and Mary, will discuss the school desegregation case of Green vs. the School Board of New Kent County, Virginia. This little-known 1968 Supreme Court decision led to the integration of public schools throughout the South. Dr. Allen specializes in African American history, race relations, and women’s history. Refreshments provided. Please sign up by February 10.

**Valentine Bingo, Friday, February 13, from 1 to 3 p.m.** Enjoy the camaraderie of this exciting game and pleasurable annual event. Great refreshments and prizes! Call us at 890-3444 to see if there are any openings for this program as seating is limited. High school students from the York County Youth Commission will assist with this event.

**Culture Day, New Orleans & Louisiana, Tuesday, February 17, at 1 p.m.** In honor of Mardi Gras, wear your purple, green, and gold to celebrate this 18<sup>th</sup> U.S. state and the culture that New Orleans has made so popular. We will learn fun facts and traditions that may surprise you. Also join us for dessert, our version of the Louisiana king cake. If you have pictures from Louisiana or have your own Mardi Gras experiences, please feel free to bring them in to share with the group. Please sign up by February 13.

**AARP Driver Safety Program, Monday, February 23, and Tuesday, February 24.** This program is designed for drivers age 50 or better, and will take place on Monday, February 23, from 12:30 to 4:45 p.m. and Tuesday, February 24, from 12:30 to 4:30 p.m. The cost for this two-day program is \$15 for members of AARP and \$20 for non-members. Fees should be paid by check and made out to AARP. Class registration may be made in person at the Senior Center, by phone or by mail. NOTES: AARP membership, which cannot be processed the day of a class, is not required for class registration. There is no “behind the wheel” driving performed in this program. Drivers age 55 or better must attend both classes to receive the state mandated three-year automobile insurance reduction. Many insurance companies are giving insurance reductions to drivers age 50+ with the same attendance requirements. Those less than age 55 should check with their insurance company to see if they are entitled to the three-year insurance reduction. Class enrollment is limited to 25.

**Health Day, “As You Wish” Advance Care Planning, Wednesday, February 25, at 12:45 p.m.** Nine out of ten people agree that Advance Care Planning is important. However, less than three out of ten people have completed their Advance Directive. How do you close the gap between believing and acting? The “As You Wish” Advance Care Planning program is a collaboration of multiple health and human service organizations that answers these questions and provides individual guidance for those wanting their health care wishes to be both clear and honored. David Murray, Executive Director for the Advance Care Planning Coalition of Eastern Virginia, will explain the program and be able to offer assistance and resources to anyone who wishes to complete an Advance Directive. Please register by February 24 by calling the Senior Center of York at 890-3444.

**February Birthday Bash, Friday, February 27, at 1 p.m.** Entertainer/Banjo Player Jon Durfee will return to dazzle the group with his musical style and taste! Participants can enjoy their old time favorites and sing along. January and February birthdays will be recognized at this event, but you do not have to be celebrating a birthday to join in on the fun. Please sign up by February 25.

**Computer General Use and Classes.** Computers in the Center's Computer Lab are available for general use each week on Monday, Wednesday, Thursday and Friday from 9 a.m. to 3:30 p.m. Patrons must sign in at the front desk to use the computers. Please note: Tuesdays are reserved for computer classes. Please call the Center at 890-3444 for information on upcoming class sessions.

**York County Library Services at the Senior Center.** Seniors are invited to view a variety of library materials, check out books or receive their library card right at the Center on Thursdays from 1 to 3 p.m.

### **Mark Your Calendar**

**Spring White Elephant & Bake Sale & Craft Fair Fundraiser, Saturday, March 21, 9 a.m. to 1 p.m.** It is almost time to start spring cleaning! Please bring in your donated items (except for clothing) beginning Friday, February 20. Prepackaged and ready for sale baked goods such as cakes, cookies, and brownies may be delivered on Friday, March 20, or the day of the event at 8:30 a.m. For more information call 890-3444. Donations make this event a success! All proceeds benefit the Senior Center.

**Photo Attached:** Seniors with prizes from last year's annual Valentine Bingo event at the Senior Center of York pause to enjoy a moment with some of the members of last year's York County Youth Commission. Each year members from the Youth Commission come to assist at the event by calling bingo, passing out prizes and serving refreshments. This year's always popular bonding of generations will take place on Friday, February 13, from 1 to 3 p.m. at the Senior Center of York, located in the Washington Square Shopping Center at 5314 George Washington Memorial Highway (Rte. 17). Seating is limited, so any senior aged 55+ who would like to attend should register by calling the Senior Center at 890-3444.

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